

About Ealing HAF

(Holiday Activities and Food) Programme

Ealing Council is pleased to be delivering the Holiday Activities and Food (HAF) programme which is being funded by the Department for Education. Funds have been made available to provide free holiday provision, including healthy food and enriching activities for school-aged children who are eligible for benefits-related free school meals.

The HAF Programme covers Easter, Summer and Christmas holidays in 2021. For a minimum of one week at Easter, one week at Christmas and four weeks in the Summer 2021, for four days a week and four hours per day.

Keep up to date with HAF activity opportunities

Sign-up to our HAF mailing list to be informed once we launch our summer and Christmas HAF funded activity programmes so you don't miss out! Visit www.ealingfamiliesdirectory.org.uk as we update this regularly.

Look out for your Easter Holiday Activity Token

All children and young people eligible for benefits-related free school meals will be receiving an Easter Holiday Activity Token by email.

This can be spent at a number of designated retailers to buy activity resources such as arts and crafts materials, sports equipment or cooking utensils.

The parent/carer of the child or young person will receive an email with Information on how to activate the token in the last week of March 2021.

Competition time!

Once you've spent your token – send us a drawing or photo showing how much fun your child had with the things they bought. This could be something they created, designed, baked etc. Email it in to HAF@ealing.gov.uk, with your child's name, age and area and permission to use the photo for HAF publicity for a chance to win a great prize.

Visit the HAF section of the website www.ealingfamiliesdirectory.org.uk for more details.



Using your token

You can choose from a range of materials to support you with joining in on our Easter holiday activities. For example, the token can be used for arts and crafts materials, sports equipment or cooking utensils.

For keen artists

You can create your own art pack so you can get involved in making different crafts:

- Coloured pencils or felt tip pens
- Glue stick
- Coloured card
- String or coloured wool
- Canvas and paint

If you're keen on sport and fitness

- You can pick up a football to take to the park
- Skipping ropes are a good way to do aerobic exercise
- A frisbee is a great way to have fun with others
- If you enjoy yoga or doing exercise at home, why not choose a yoga mat?

For budding chefs

- You could choose biscuit cutters and experiment with making biscuits without added or refined sugar for a healthier alternative.
- Or you could get some fun kitchen utensils to help with your creations.
- Or how about personalising an apron, making it all yours?

If you have any questions, please contact **Ealing's Family Information Service** on **020 8825 5588** (Mon-Fri, 9am to 5pm) or **HAF@ealing.gov.uk**.



HAF Funded Easter Holiday Activities

The following pages are activities offered through the HAF funded programme for children in receipt of benefits-related Free School Meals. Some activities are accessible to all children in receipt of benefits-related Free School Meals, some are limited to children attending specific schools. Booking information is stated under each activity. For any other information or if you need help please get in touch:

Ealing's Family Information Service

020 8825 5588, Mon-Fri, 9am to 5pm or email HAF@ealing.gov.uk

Allenby Primary School, Southall UB1

For ages 4 - 11 years

6th – 9th April, 8.45am to 1pm

Working with our in-house PE teacher and drumming instructor, our Easter HAF Programme is offering a range of music, sport and art opportunities. We are serving a light breakfast as well as lunch and children will be taking part in making their own meals.

How to book: For pupils of Allenby Primary School only

Natural History at Hanwell Zoo, Hanwell W7

For ages 8 - 14 years

6th - 9th April or 13th - 16th April, 11am to 3pm

Four-day programme. Each day will cover a species: birds, reptiles, fish and mammals. Daily physical activities include nature walks, birdwatching, gardening, animal husbandry, building bug hotels, creating a mural. Around two hours of the four-hour sessions will be physical with an emphasis on the importance of exercise and being outside for mental and physical wellbeing.

How to book: Email mccubbinbj@ealing.gov.uk

Bollo Brook Youth Centre, Acton W3

For ages 6 -16 years

5th, 6th, 8th, 9th, 12th, 13th, 14th, 15th, 16th April, 12pm to 4pm

Arts and crafts, football sessions with food and refreshments provided.

How to book: For pupils of Berrymede Junior School only or young people from Bollo Brook youth centre www.youngealing.co.uk/bollo-brook-youth-centre

Dormers Wells Infant and Junior School, Southall UB1

For ages 3 - 11 years

12th, 13th, 14th, 15th April, 10am to 2pm

Sports and exercise sessions, healthy eating, arts and crafts as well as mental wellbeing.

How to book: For pupils of Dormers Wells Infant and Junior School only

Fit For Sport, Hanwell W7 and Ealing W5

For ages 4 - 12 years

Ofsted registered healthy lifestyles activity provider with over 27 years' experience of delivering school-based sessions. Structured activities to educate and engage children in physical activity; helping children to enjoy being active from an early age to set them on a journey to a healthy, active life.

St Marks Primary School

6th - 9th April and 12th -16th April, 8.30am to 5.30pm

Montpelier Primary School

6th - 9th April and 12th -16th April, 8.30am to 5.30pm

Grange Primary School

6th - 9th April and 12th -16th April, 8.30am to 5.30pm

How to book: Email enquiries@fitforsport.co.uk

Znaniye Foundation, Ealing W5

For ages 5 -11 years

12th -15th April, 1pm to 5pm (in-person, free)

Easter Holiday Club includes interactive lessons, indoor and outdoor games, a free lunch, creative and character building activities and more.

How to book: online at <https://www.znaniyefoundation.co.uk/events-1/easter-holiday-in-person-day-club-age-5-11-on-fsm>

The Kids Cookery School, Acton W3

For ages 5-16 years

Two-hour in-person kids' cookery workshops, teaching children how to prepare and cook their own delicious recipes from scratch.

Wed 7th April, 12noon to 2pm (7-10 years)

Mon 12th April, 1pm to 3pm (11+ years)

Tues 13th April, 10am to 12pm (5-8 years)

How to book: Enquiries at: <http://www.thekidscookeryschool.co.uk/index.php> or book at **020 8992 8882** or email info@thekidscookeryschool.co.uk

Primary Sporting Development, Hanwell W7 and Park Royal NW10

For ages 5 -11 years

Sports, physical activities, along with arts and crafts.

Mayfield Primary School

6th – 9th April and 13th – 16th April, 9am to 3pm

West Twyford Primary School

6th – 9th April and 12th – 15th April, 9am to 3pm

How to book: For pupils of Mayfield Primary and West Twyford Primary School only. Booking system via website www.thepsdgroup.org.uk

Let's Leap Sports Academy, Southall UB2

For ages 5 – 11 years

Engaging and enriching holiday provision. Holiday camp offering a range of activities including Arts & Crafts, Multi-Sports, Baking, Archery & Canoeing.

Havelock Primary

6th – 9th April and 12th – 16th April, 8.30am to 5.30pm

Three Bridges Primary

6th – 9th April and 12th – 16th April, 8.30am to 5.30pm

How to book: Book online via www.letsleapsportsacademy.co.uk, email: milo@letsleap.co.uk

Telephone: **020 3797 6386**.

Trailfinders Foundation Multi-Sports Holiday Camps, Ealing W13

For ages 5 -16 years

12th - 16th April

We want kids to start moving and enjoy being active again. Our activities will let your kids explore and enjoy a variety of games to help them improve their skills by problem solving and decision making. This includes a free and nutritious meal - prepared by a professional in-house Chef.

The Primary School Camp for 5-12 year olds 10am to 3pm (sign in at 9.30am)

The Masterclasses for 13-16 year-olds 3pm to 5pm (sign in at 2.45pm)

How to book: The Primary School Camp <https://www.clubs-hub.com/ealing-trailfinders/index.cfm?event=event&eventId=34775#.YFnmGGecqmQ>

Sports-specific masterclasses <https://www.clubs-hub.com/ealing-trailfinders/index.cfm?event=event&eventId=34778#.YGLfjNqSnct>

Use the discount code **HAFEALING21** to get your days for Free **Schools@etprm.com**

Aktiva Camps, Ealing W13

For ages 4 -11 years

Offers a variety of activities

Mount Carmel Primary School

12th – 15th April, 8am to 12pm

How to book: book online at aktivacamps.com

Clubs4kids, Ealing W13

For ages 4 -11 years

Cookery, crafts, painting, pottery, papier mache, T-shirt printing, acrylic plate, cup and bowl painting. As well as board games and puzzles, table tennis, ice hockey and reading. Plus sand and water play, gardening and bikes, imaginary play/ dressing up/role-play, construction and modelling, ICT, sport, multi-sport, tennis, basketball, hockey, football, parachute games, drama, music and movement.

Drayton Green Primary School

6th – 9th April, 10am to 2pm

How to book: Through Drayton Green Primary or by contacting management@clubs4kids.co.uk

All Saints Nursery and Holiday Club, Northolt UB5

For ages 5 - 9 years

Music & drama

Arts & crafts

Outdoors games and exercise

6th - 9th and 12th - 16th April, 8am to 5pm only 4 hours.

How to book: call: 020 88421812 or email: allsaintsdaynursery@gmail.com

Brentford Community Sports Trust- Dormers Wells High School Southall UB1

For pupils in y7 - y9

Week of multi sports sessions led by fully qualified coaches from Brentford FC CST.

Included in the daily sessions is a snack and lunch. Students will engage in a range of different sports as part of a programme of structured sessions and enjoy access to high quality coaching as well as a free meal.

12th, 13th, 14th, 16th April, 10.30am to 2.30pm

How to book: Pupils of Dormers Wells High School only

Brentford Community Sports Trust- Gunnersbury Park Sports Hub Acton W3

For pupils in y7 - y9

A week of multi sports sessions led by fully qualified coaches from Brentford FC CST.

Included in the daily sessions is nutritional FREE lunch. Students will engage in a range of different sports as part of a programme of structured sessions and enjoy access to high quality coaching as well as a free meal.

13th – 16th April from 10.30am to 2.30pm.

How to book: <https://www.brentfordfcst.com/product/ce-holiday-camp-gunnersbury-sports-hub>
Password is **cegunnersbury**

Brentford Community Sports Trust- Online Workshops

For pupils in y7 - y9

Online Delivery: 4 x 1 hour online zoom sessions

6th - 9th April

How to book: <https://www.ealingfamiliesdirectory.org.uk/kb5/ealing/directory/haf.page>

London Tigers, Southall UB1

For ages 7 - 15 years

Exciting Multi-sports camp with High level Cricket and Football Coaches.

5th, 6th, 8th, 9th, 12th, 13th, 15th, 16th April

How to book: Call us on 020 8547 5368 : sports@londontigers.org
<http://www.londontigers.org/>

The Log Cabin Charity - Mandeville Special School, Greenford UB6

For ages 5 - 11 years

Cooking

Games

Crafts

Fun activities

6th, 7th, 8th, 9th April, 9:30am to 3:30pm

How to book: Through Mandeville Special School recommendations only

HAF Family Learning – online workshops

To book all the sessions below visit Ealing ALS Course List (<http://courses.ealingglobal.net/AvailableCoursesList.asp>)

Family Hairdressing - Basic Plaiting

For ages 6+

Wed 7th April, 10.30am to 12.30pm

This two-hour workshop is for families who want to develop their creative skill to learn how to style long hair with simple basic plaiting techniques. Create the perfect pony-tail on long hair and create a simple bun.

Family Dance - Musical Theatre

For ages 5+

Wed 7th April, 2pm to 5pm

Family dance workshop. Move your body to some classic songs from popular musicals and films. Learn a routine that you can perform together as a family for a fun workout any day of the week.

Family Singing – Musical Theatre – Oliver

For ages 6+

Thurs 8th April, 11am to 12.30pm

This workshop offers you a chance to sing show songs with your children, with songs from Lionel Bart's Oliver! (a musical adaptation of Oliver Twist, by Charles Dickens). Have fun taking a stroll down memory lane, singing songs that link well with learning about The Victorians in literature and history.

Family Sports - Strong Nation

For ages 5+

Fri 9th April, 2pm to 2.30pm

STRONG Nation™ combines body weight, muscle conditioning, cardio and plyometric training moves synced to original music that has been specifically designed to match every move.



Family Pilates

For ages 6+

Fri 9th April and Fri 16th April, 11am to 12pm

This workshop is designed as an introduction for parents with children to engage in simple exercises that can be done together. Mat work and games that will introduce the group to the main Pilates principles, centering, concentration, control, precision, flow and breath.

Family Singing - Musical Theatre – The Sound of Music

For ages 6+

Thurs 15th April, 11am to 12.30pm

How often do you sing show songs with your children that they can learn from? This workshop offers you a chance to do so, with songs from 'The Sound of Music'.

Family Sewing - T-shirt Upcycle

For ages 7+

Thurs 15th April, 2pm to 4pm

Restyle a t-shirt to bring it back to life without using the sewing machine or glue.

Family Sewing – No Sew Bag

For ages 7+

Fri 16th April, 2pm to 4pm

Restyle a t-shirt or an old school jumper into a bag without using the sewing machine or glue.