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Headteacher: Mrs M. Pye B.A. (Hons) M.A. Ed



22nd April 2022

Dear Parents / Carers,

I hope that you had a pleasant break and a lovely long weekend. We have had a fantastic start back to school. On my daily walks around the school, I have seen nothing but full focus and engagement from our students and they all seem well refreshed and ready for learning.

I am writing to update you on the latest government guidance around Covid.

As you will be aware, the restrictions have eased, but it is important that we continue to be vigilant and try to minimise exposure to the virus, especially as we move towards exam season for our more senior students. Please, therefore, take note of the following below:

If your child has symptoms of a respiratory infection which may be Covid-19, but has <u>not</u> taken a Covid test, please follow the guidance below. Please note that symptoms are varied and are listed below for your information:-

- Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people, where they can. They can go back to school when they no longer have a high temperature and they are well enough to attend.
- All children and young people with respiratory symptoms should be encouraged to cover their mouth and nose with a disposable tissue when coughing and/or sneezing and to wash their hands after using or disposing of tissues.
- The latest list of official symptoms include:
 - o continuous cough,
 - o high temperature, fever or chills,
 - o loss of, or change in, your normal sense of taste or smell,
 - shortness of breath,
 - o unexplained tiredness, lack of energy,
 - o muscle aches or pains that are not due to exercise,
 - o not wanting to eat or not feeling hungry,
 - o headache that is unusual or longer lasting than usual,
 - o sore throat, stuffy or runny nose,
 - diarrhoea, feeling sick or being sick.

If your child has tested positive for Covid-19, please follow the guidance below:-

• If a child or young person has a positive COVID-19 test result they should stay at home and avoid contact with other people for 3 days after the day they took the test, if they can. After 3 days, if they feel well and do not have a high temperature, they can return to school.

If somebody else in your household tests positive for Covid-19, or has symptoms of Covid-19:

- Your child may continue to attend school, but should consider wearing a face covering to minimise risk to others.
- If your child then develops symptoms, they should follow the advice given above.

I appreciate that this guidance has changed once again, so if you do need clarification, please do not hesitate to call the school if you are unsure.

With my very best wishes,

Mrs M Pye

Headteacher