



Dear Parent/Guardian





Wednesday 16<sup>th</sup> November, 2022

**RE: Anti-Bullying week at GHS**

As parents, we know that you want your child safe and happy at school. One way that we are working hard to keep your child safe is through our anti-bullying policy. Bullying at Greenford High School is not tolerated. To help shine a spotlight on bullying, assemblies this week will coincide with Anti-Bullying week taking place from Monday 14th to Friday 18th November 2022.

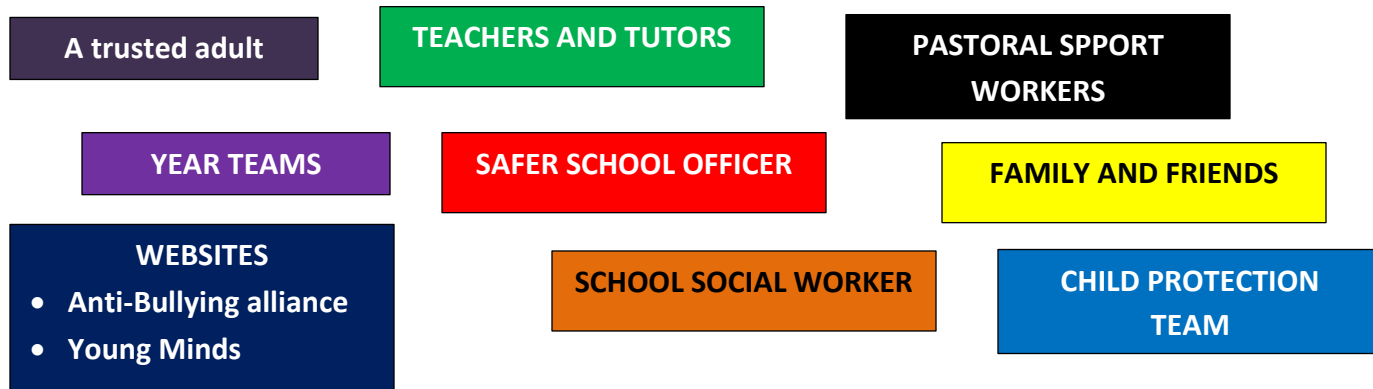
**What is Bullying?**

**At GHS, we define Bullying as ‘behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group either physically or emotionally. The behaviour is based upon an imbalance of power.’ Safe to Learn- DCSF September 2007**

Bullying can be any of the following	<p><b>Physical</b> Includes hitting, kicking, tripping, pushing or purposefully damaging other people’s property.</p> 	<p><b>Verbal</b> Includes name-calling, threatening, teasing, saying nasty or rude things to someone.</p> 
	<p><b>Psychological</b> Includes spreading lies about someone, playing nasty jokes or excluding people.</p> 	<p><b>Online</b> Includes hurtful comments/ messages/posts, excluding on purpose, spreading gossip and imitating others online.</p> 

**Who can students go to if they are being bullied?**

Students are frequently reminded of who they can go to if they are being bullied.



**At GHS we respect all members of the community and do not tolerate bullying**

## What happens if bullying occurs?

In the first instance, students will accrue 1 Behaviour Point for any of the following types of bullying to a member of our community

- Bullying by name calling
- Bullying on social media
- Bullying in relation to homophobia
- Bullying in relation to racism
- Bullying in relation to sexism

If a student bullies more than once for any of the reason stated above, they will receive the following sanctions

- They will receive an **internal exclusion day**.
- They will attend a compulsory series of **bullying workshops**.
- They will be involved in a restorative meeting with the victim of bullying.

Following this, if a student is found to be bullying again, they will receive a **fixed term exclusion** and further instances of bullying could result in **permanent exclusion**.

## How can you help?

Most importantly, as a parent, you are vital in helping us tackle bullying by helping your child recognise bullying.

Use the bullying temperature check to help identify any signs of Bullying from your child.

More information for parents on how to spot bullying, when to step in, and what advice to give can be found [here](#) or visit <https://anti-bullyingalliance.org.uk/>

We will provide translations of this document on our website

If you have any questions, please do not hesitate to be in contact with the school and thank you in advance for your support. In add

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Assistant Headteacher

### GREEN

My child seems happy and content. They like to go to school and have good relationships with other children and staff. While they have the occasional situation where others say or do unkind things to them, or they have said or done unkind things to others, they have been able to resolve the situation (including saying sorry if they have hurt someone else).



### AMBER

My child is sometimes sad and can be reluctant to go to school. While they mention one or two friends they seem to have regular fall outs with other children and have mentioned a number of situations where children have said or done unkind things to them, or they have said or done unkind things to other children. They seem unsure how to resolve these situations and I am not sure they are receiving enough help.



### RED

My child is often sad or upset and does not like school or their usual activities. They do not seem to have friends and I am concerned that other children often say or do unkind things to them. They urgently need help to resolve the situation and to enjoy their school and social life.

