

WELCOME TO ALL

# Community Wellbeing Café

Would you like to meet new people? Find advice on a range of issues around family life and relationships, and be signposted to services that can help you!



Last Friday of each month from 10:30 am to 12:30 pm



Hanwell Community Library

Register Now



For more details, please contact to [parentdata@parentingu.co.uk](mailto:parentdata@parentingu.co.uk)

The Wellbeing Café is a social initiative to meet the needs of the Community. Open on the last Friday of each month from 10:30 am – 12:30 pm at Hanwell Community Library, it's a place to meet new people, seek support on emotional health & engage in taster workshops around parenting & family relationships. A chance to try homemade refreshments, teas & coffees from around the world in a safe space. Whatever the reason, come along to the Wellbeing Café just to have a talk!

- **When:** 31st March 2023 from 10:30 am – 12:30 pm
- **Where:** Hanwell Community Library [Address: Cherington Rd, London W7 3HL, United Kingdom]
- **How to register?** Please complete the form on the website.