

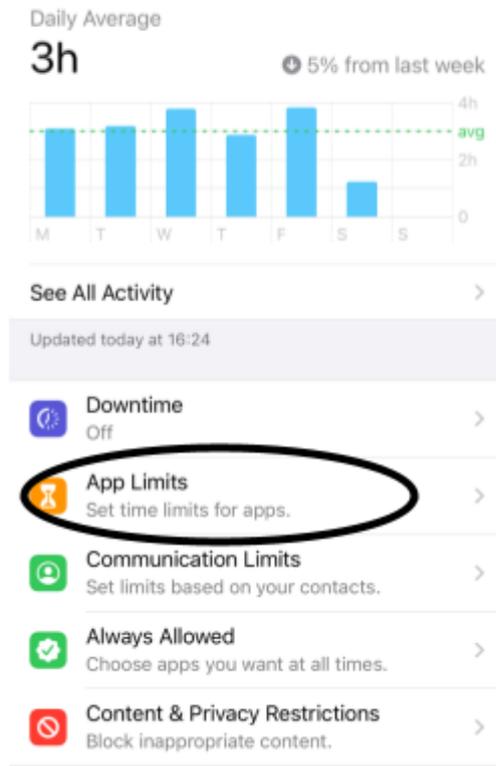
Year 8 Social Media Awareness Evening

1) How to check your child's phone usage (on iPhone)

1) Open Settings, press screen time



2) See daily average



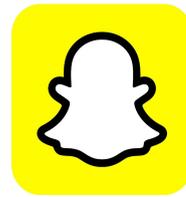
3) Set time limits on apps



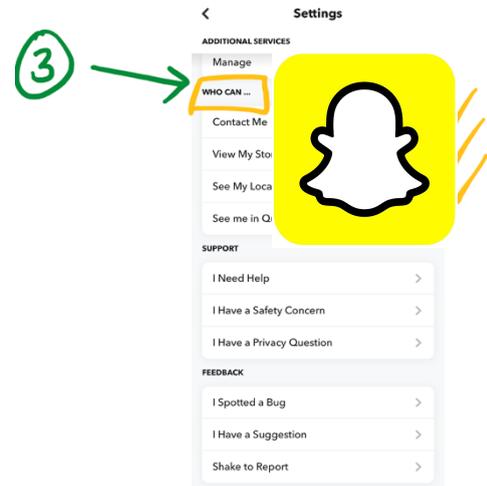
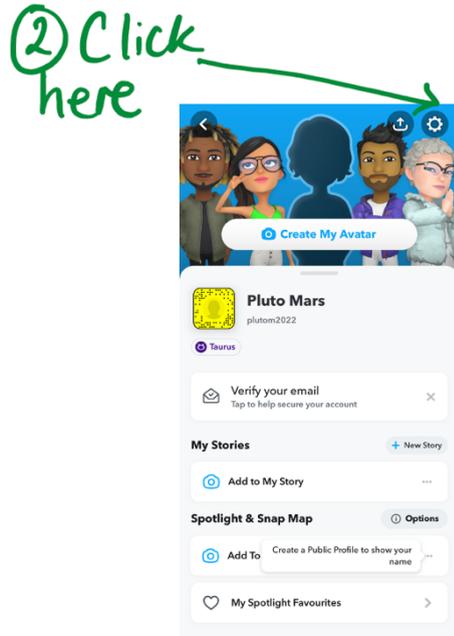
2) How to check what time of day your child uses their phone

3) How to change privacy settings on Snapchat

- Open Snapchat
- Click the top left avatar
- Click the top right settings icon
- Scroll down and ensure that 'only friends' can contact your child and view their story, and that no one can see their location

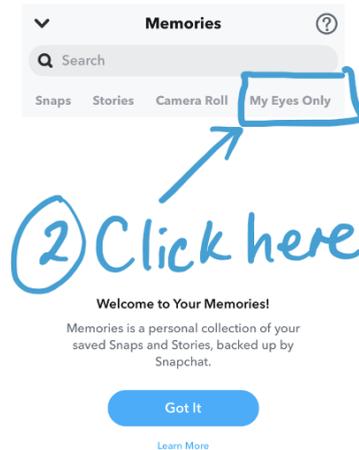


TAKE ACTION



4) How to check whether your child uses 'my eyes only' on Snapchat

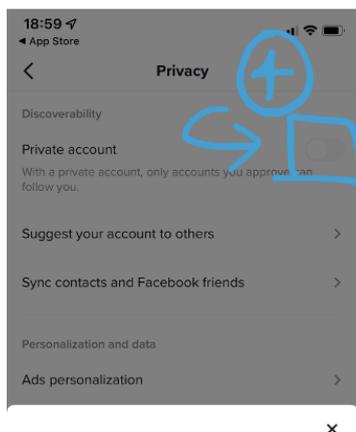
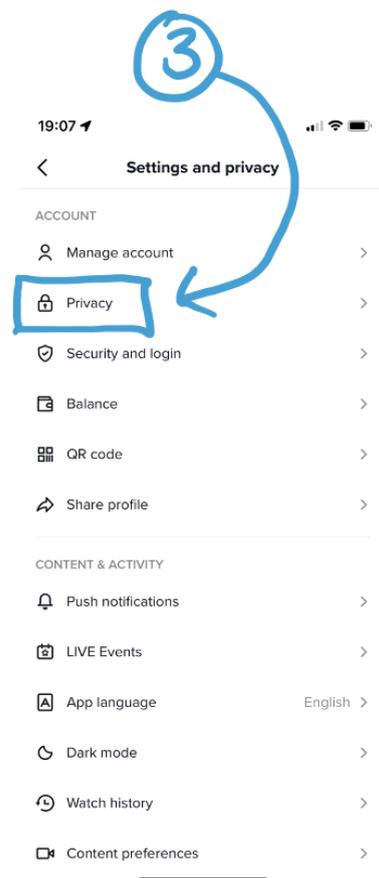
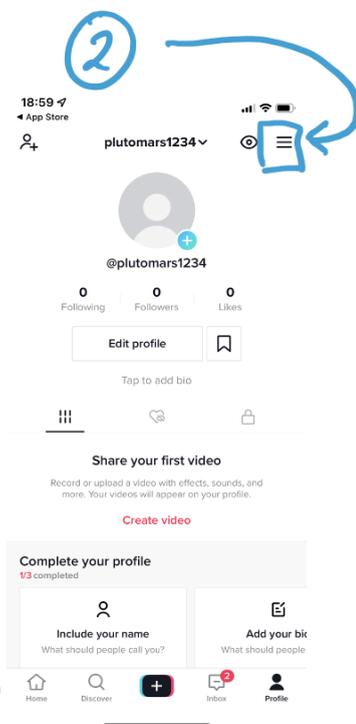
- Open Snapchat
- Click the icon next to the main circle on the bottom of the home page
- Scroll through snaps stories camera role my eyes only
- If numbers appear, your child has a password in use for my eyes only and may be using this to hide inappropriate images/videos



password in use

5) How to change privacy settings on TikTok

- Open TikTok
- Click 'profile' on the bottom right of the homepage
- Click the 3 lines on the top right of the profile
- Click Settings and Privacy
- Select private account and confirm by selecting 'switch'



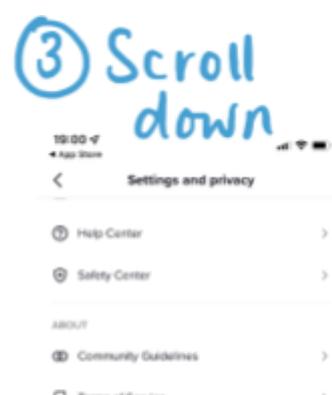
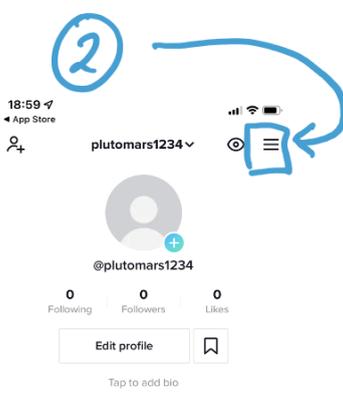
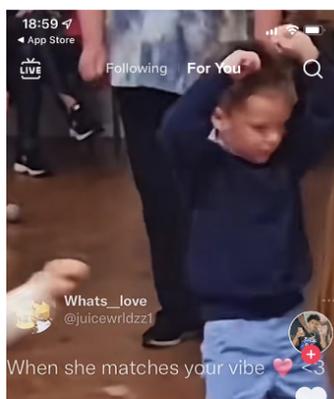
Switch to private account?

- 🔒 People can only follow you after you accept their follow requests. You can change this anytime.
- 👁️ Your videos will be visible to your followers in their "Following" and "For You" feeds, on your profile, and more.
- 👤 Your existing followers won't be affected.



6) How to check for multiple accounts on TikTok

- Open TikTok
- Click 'profile' on the bottom right of the homepage
- Click the 3 lines on the top right of the profile
- Scroll down to the bottom
- Select switch account
- If only one account is shown, your child does not have multiple accounts
- If more than one account is shown, look at the other account. Question why they need more than one?
- Remember that 83% of children have more than one account to hide their profile from family

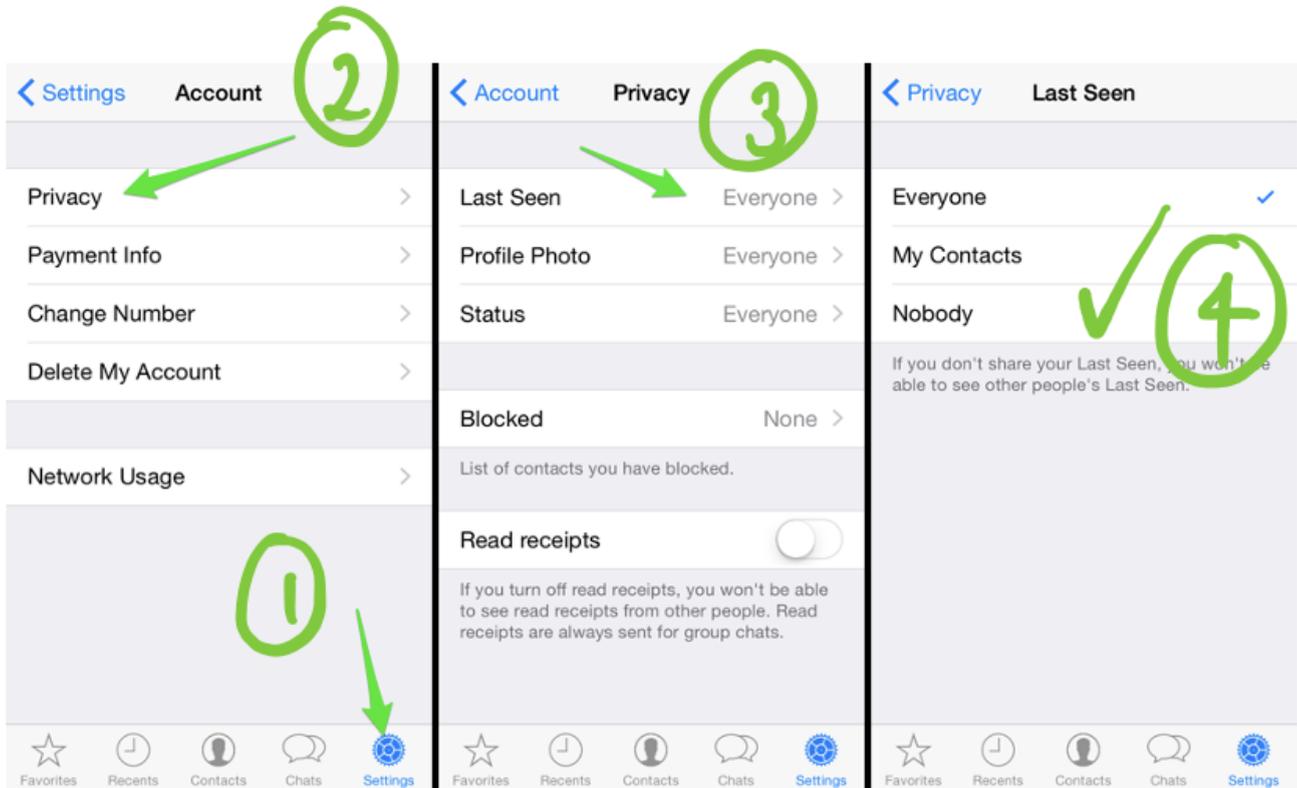


7) How to turn off your child's last seen on Whatsapp

- Open Whatsapp
- Press settings on the bottom right of the homepage
- Go into 'Privacy'
- Press 'Last Seen'



TAKE ACTION

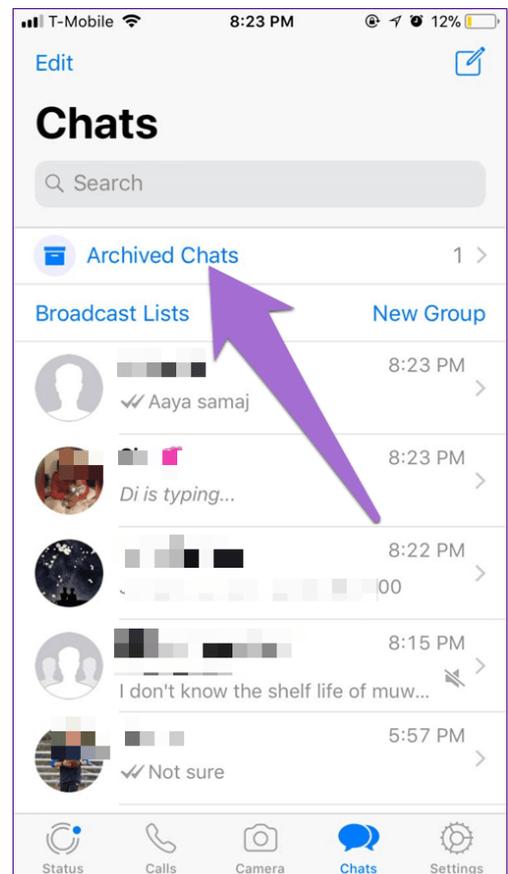


- Select 'Nobody'

8) How to check Archived chats on Whatsapp

- Open Whatsapp
- Scroll down on homepage
- Any archived chats will appear at the top

9) Regularly check that large group chats, encourage your child to leave large group chats discussing teachers, others students or sharing inappropriate language, images or videos



Do's and Don'ts for students

Do's	Don'ts
<ul style="list-style-type: none"> • Report inappropriate content via the social media app 	<ul style="list-style-type: none"> • Children should not have a public account on social media

<ul style="list-style-type: none"> • Limit the amount of time spent of social media through 'screen time' function or google family apps 	<ul style="list-style-type: none"> • Children should not post inappropriate content online
<ul style="list-style-type: none"> • Encourage your child to think carefully about the people you want to follow – do they inspire you? Do they make you feel good about yourself? Are they a good role model? 	<ul style="list-style-type: none"> • Children should never contribute to unkind messages about students/staff
	<ul style="list-style-type: none"> • Talk to strangers
	<ul style="list-style-type: none"> • Hide behind anonymous accounts
	<ul style="list-style-type: none"> • Take screenshots of conversations and forward them on
	<ul style="list-style-type: none"> • Video people without permission

General Advice for Parents

- ✓ Conduct random spot checks of your child's phone
- ✓ Ensure all social media accounts are set to private
- ✓ Make sure phones are not taken to bed and they are charged in a separate room
- ✓ Report any online grooming/sexual misconduct to CEOP, the Police and the Year Team
- ✓ Contact your child's phone provider and block access to explicit content
- ✓ Contact your WIFI provider and block access to explicit content
- ✓ Consider using apps such as Google Family Link or Our Pact to have more control over your child's phone
- ✓ Follow the actions discussed for Snapchat, Whatsapp and TikTok

Our response to bullying at GHS

Our definition of bullying at GHS is:

*Bullying is the **repetitive, intentional hurting** of one person or group **by another person or group**, where the **relationship involves an imbalance of power**. It can happen **face to face or online**.*

What makes online bullying different?

- 24/7 nature; means you can be contacted at any time
- Potential for a wider audience
- Evidence of online bullying can be kept and shared with school/police
- Potential to hide your identity online
- Degree of separation; people who bully online often don't see the reaction of the victim

How will we response to online bullying, and bullying in general?

Stage 1:

- Conversation with teacher
- Logged on SIMS as bullying
- Detention given
- Parents informed

Stage 2:

- Repeated instance of bullying recorded on SIMS by Head of Year
- Internal Exclusion Day given
- Enrolled on bullying workshops

Stage 3:

- Continued bullying after workshop, recorded by HOY/AHT
- Fixed Term Exclusion
- Parent reintegration meeting
- Governors intervention panel

Stage 4:

- Persistent Bullying
- Managed Move
- Risk of Permanent Exclusion

Follow up support

For parents:

1. FAQ letter to follow, based on parent question sheet responses
2. A video link will be sent, meaning you can rewatch the presentation again
3. Please complete the parent survey in the new year, we will use this information to design follow up parent workshops e.g. technical support, online bullying support etc.

For students:

1. An social media assembly will be delivered to year 8
2. Form time/PSHE sessions on online safety
3. Poster competition on our 'online don'ts'
4. Bullying workshops

Useful Websites for Parents/Carers

- <https://www.ceop.police.uk/Safety-Centre/>
- <https://families.google/familylink/>
- <https://ourpact.com>
- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>
- <https://www.gov.uk/government/publications/coronavirus-covid-19-keeping-children-safe-online/coronavirus-covid-19-support-for-parents-and-carers-to-keep-children-safe-online>