

Lady Margaret Road  
Southall  
Middlesex  
UB1 2GU  
Tel: 020 8578 9152 Fax: 020 8747 7891  
Email: [office@greenford.ealing.sch.uk](mailto:office@greenford.ealing.sch.uk)  
Web: [www.greenford.ealing.school.uk](http://www.greenford.ealing.school.uk)  
Headteacher: Mrs M. Pye B.A. (Hons) M.A. Ed



January 2024

Dear Parent/Guardian,

**Parental support- community partners:**

Firstly I would like to wish you all a happy new year and I do hope this letter finds you well.

I am writing to you to promote some of the support services available to parents in the local area, from some of our community partners.

[Ealing Mental Health Support Team- Spring 2024 workshops](#) This is run by West Ealing NHS an examples of some of the workshops are:

- Supporting anxiety in child and young people
- Teen low mood
- Managing exam stress.

[Online- understanding your teenager](#) delivered by Sabrina Meakins, Counsellor & Psychotherapist.

[Ealing parenting service](#) a directory of support services available from Ealing Council.

If any of these interest you, you are able to sign up directly through the above links, but if you do any have questions or need any specific support, please do not hesitate to contact me on the email address below, or our parental engagement ambassador, Ms Sierkowska on [msierkowska@greenford.ealing.sch.uk](mailto:msierkowska@greenford.ealing.sch.uk) .

Yours sincerely,

Miss P Henderson-Barnes  
[phendersonbarnes@greenford.ealing.sch.uk](mailto:phendersonbarnes@greenford.ealing.sch.uk)  
Assistant Headteacher i/c of KS4 Achievement and Parental Engagement.