



# Senior Mental Health Lead Training

Ealing

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School Engagement Trainer



**Anna Freud**  
building the mental  
wellbeing of the  
next generation

# Fully funded training

- The Department for Education is offering a grant of £1,200 for all eligible state-funded schools and colleges to train a senior mental health lead.
- Funding is currently available until **December 2024**.
- Schools can also now **claim a second grant if the trained lead has left the setting or has moved roles** and is no longer able to embed a whole school college approach.



[www.gov.uk/guidance/senior-mental-health-lead-training](https://www.gov.uk/guidance/senior-mental-health-lead-training)



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# Course options



## Beginner senior mental health lead training

Develop the foundational knowledge and skills you need to start your role as a senior mental health lead in your school.

📍 Online

🕒 2 half days



## Intermediate senior mental health lead training

Build your skills and develop your provision as the senior mental health lead in your school or college.

📍 Online

🕒 2 days



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# 5 Steps to mental health and wellbeing framework:

A whole-school or FE college approach



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# Senior mental health lead training at Anna Freud

- CPD-accredited and DfE quality-assured training
- 100% of attendees agreed or strongly agreed that they know how to lead their school to create an environment and culture that promotes wellbeing as a result of attending the training (Beginner course).
- 100% recommendation rate from attendees (Intermediate course).

*“The facilitators were amazing in their knowledge, empathy and imparting valuable information to us”*  
(Beginner attendee, Dec 2023)

*“I now have a clear plan of how I can move forward with lots of resources to support”*  
(Intermediate attendee, Nov 2023)



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# Thank you! Any questions?

[www.annafreud.org/smhl](http://www.annafreud.org/smhl)

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