



'Families at our heart of everything we do'

Contact Ealing is part of the national Charity Contact. We are a local branch that supports parents and carers of children with special educational needs and/or disability aged 0-25 years old in Ealing.

Family support offer

- **1:1 advice, listening ear and emotional support**
- **Information on a child's condition, supporting their needs, accessing Community and other services that can help**
- **Benefits and grants checks**
- **Guidance and support to write letters and fill in forms such as DLA, PIP, carers allowance or Blue badge**

- **Regular workshops and classes that help you to understand your rights in relation to education, health and social care matters**
- **Publications in subjects such as toileting, behaviour and sleep**
- **Coffee mornings**
- **Walk and talks in Ealing parks**
- **Parent carer support and Autism parent carer support groups**
- **Family events and trips during school holidays free for the whole family**

- **Volunteer qualified clinical psychologist**
- **Volunteer English conversation teacher**
- **Parent carer volunteers who speak community languages**

No referral needed to access our help. Parents, carers and professionals can email us ealing@contact.org.uk

We encourage parent carer participation . This is when parents and professionals work together, recognising each other's expert knowledge, to design, develop and improve services for children with special educational needs/disability in the local area.