

<b>Walk &amp; Talks</b>	<b>Autism Group</b>	<b>Carers Group</b>	<b>Information sessions and support for parents in community languages</b>
<p><b>Wed 18<sup>th</sup> September, 10.30am</b></p> <p>Gunnersbury Park, meeting point at Popes Lane entrance car park. <a href="#">Click to Book</a></p>	<p><b>Mon 30<sup>th</sup> September, 11:00am</b></p> <p>Parent workshop on social communication by Speech and Language Therapy Services. <b>Online via Zoom</b> <a href="#">Click to Book</a></p>	<p><b>Tues 10<sup>th</sup> September, 10:00am</b></p> <p>Joint workshop with Ealing Parenting Services, SEN support in Ealing. <b>Online via Zoom</b> <a href="#">Click to Book</a></p>	<p><b>Thurs 10<sup>th</sup> October, 10.30am</b></p> <p>Coffee morning supported by bilingual staff and parent volunteers. <b>Southall Town Hall</b> <a href="#">Click to Book</a></p> <p><b>Thurs 14<sup>th</sup>, November, 10:30am</b></p> <p>General SEN support and finances for Arabic speaking parents. <b>Ealing Central library meeting room, Ealing Broadway Centre</b> <a href="#">Click to Book</a></p>
<p><b>Thurs 17<sup>th</sup> October, 10.30am</b></p> <p>Pitshanger Park, meeting point outside the Duke of Kent pub car park. <a href="#">Click to Book</a></p>	<p><b>Wed 16<sup>th</sup> October 10.30am</b></p> <p>Autism Group with Ealing SLT: on supporting children with emotions and friendships. <b>Online via Zoom</b> <a href="#">Click to Book</a></p>	<p><b>Fri 20<sup>th</sup> September, 10.00am</b></p> <p>Workshop on SEN support in schools and parallel second session on EBSA. <b>Hanwell Community Centre, Westcott Cres, W7 1PD</b> <a href="#">Click to Book</a></p>	
<p><b>Mon 11<sup>th</sup> November, 10.30am</b></p> <p>Osterley Park, meeting point at the Jersey Road entrance. <a href="#">Click to Book</a></p>	<p><b>Thurs 21<sup>st</sup> November, 10.30am</b></p> <p>ASD and Sleep workshop with Nickie Sutton. <b>Online via Zoom</b> <a href="#">Click to Book</a></p>	<p><b>Wed 9<sup>th</sup> October, 10.30am</b></p> <p>Ealing Carers Group Coffee Morning at <b>Jamaica Blue, Ealing Broadway Centre.</b> <a href="#">Click to Book</a></p>	
<p><b>Wed 4<sup>th</sup> December, 10.30am</b></p> <p>Walpole Park, meeting point next to the little coffee hut. <a href="#">Click to Book</a></p>	<p><b>Wed 11<sup>th</sup> December, 10.30am</b></p> <p>Ealing Autism Group Coffee Morning at <b>Jamaica Blue, Ealing Broadway Centre.</b> <a href="#">Click to Book</a></p>	<p><b>Mon 9<sup>th</sup> December, 10:30 am</b></p> <p>Parent workshop on financial support at <b>Ealing library meeting room.</b> <a href="#">Click to Book</a></p>	

# **SEND Fun Day**

Saturday, 14<sup>th</sup> of September,

**SEND Fun Day jointly run with Contact, Ealing Mencap, SENDIASS, EPCF and Anchor at Enterprise Lodge, Perivale.**

## ***Additional projects and support***

### **Contact Helping Hands Project for parents of children waiting for a neurodevelopmental assessment (ASD or ADHD)**

Support groups as well as individual support and advice to parents of children on the waiting lists for CAMHS NDT's or Child Development Services in Ealing, Hounslow and Hammersmith & Fulham, waiting for an assessment for ADHD or Autism. Please contact:

**Rebecca**

[rebecca.luke@contact.org.uk](mailto:rebecca.luke@contact.org.uk)

or

**Tatevik:**

[tatevik.vardanyan@contact.org.uk](mailto:tatevik.vardanyan@contact.org.uk)

**1:1 Zoom sessions with Kathryn Rocha** (Contact Ealing Volunteer Clinical Psychologist).

(1/2 hour individual time slots, booking essential! These are not therapy or assessment sessions but one-off opportunities to ask specific questions or run particular issues past Kathryn who supports us as volunteer.)

Please contact Brigitte on [brigitte.bistrick-bryan@contact.org.uk](mailto:brigitte.bistrick-bryan@contact.org.uk) to book

### **Free Online Deep Rest Sessions with Leah Barnett Wednesday evenings 9.00 pm**

Treat yourself to 45 minutes of complete relaxation being guided through it by Leah Barnett via Zoom.

**online via zoom**

[Click to book](#)

### **English Conversation classes Wednesday mornings 10.00 am**

We are very happy to be able to offer English Conversation classes with the wonderful Madhu (Contact Ealing Volunteer) again this term.

**online via zoom**

[Click to book](#)

Telephone support in community languages. Book telephone call in your language here: [Click to book](#)

We can support parents in

**Tamil / Punjabi / Arabic / Polish / Somali / Hindi / Urdu / Hebrew / Russian / Armenian / French / Spanish / Italian and German**