

Greenford High School

Policy Document



Transgender Policy

Last Updated	October 2025
Policy Type	Statutory other
Review Frequency	Biannual
Staff Responsible	Ms G Nayyar AHT
Governing Committee	Students
Next Review Date	October 2027
Approved by	Mrs M Pye HT
Update	
	GHS Shared Drive
	Website
	October 2025
	October 2025

Aims and purpose of this policy

The purpose of this policy is to explain Greenford High School's good practice in the field of transgender and non-binary consideration, in order to minimise the distress and disruption to all students by:

- ensuring teachers and Governors are dealing with transgender matters inclusively and sensitively;
- providing an inclusive environment for any transgender student;
- ensuring all students are aware of and educated on issues facing transgender students.

Transgender Identity

A transgender person feels that their external appearance (sex) does not match up with the way they feel internally about their gender identity. A Female to Male (F2M) person will have the external appearance or body of a female and identify their gender as male; a Male to Female (M2F) person will have the external appearance or body of a male and identify their gender as female.

The word Transgender is sometimes used interchangeably with the term gender-variant but usually has a narrower meaning and different connotations than gender variant, including non-identification with the gender assigned at birth. Children and students that experience or show gender variance may or may not be transsexual, as some will not retain their gender variance following puberty because gender variance can be fluid.

Gender Dysphoria (or Gender Identity Disorder) is a clinical condition that can present from as early as age 2 and can only be diagnosed by a medical and/or psychiatric expert. A person diagnosed with Gender Dysphoria may require treatment, e.g. hormone blockers, to ameliorate the symptoms associated with being Transgender. A transgender person may live their life without being or needing to be diagnosed as having Gender Dysphoria.

Diagnosis and treatment for young people is currently only possible through a specialist medical team. It must be understood that some people with Gender Dysphoria may not want any treatment. Some may choose to be known by a different name or to wear different clothes. However, most or all young transgender people (and their families) will need some expert support as they grow up and develop.

School Attendance

Greenford High School will make reasonable adjustments to accommodate absence requests for treatment and external sources in line with the absence policy. Sensitive care will be taken when recording the reason for absence. Greenford High School has a robust anti-bullying policy. In line with this policy, transphobic incidents will be recorded and dealt with in the same manner as other incidents that are motivated by prejudice, e.g. racist or homophobic incidents.

Training

In order to ensure all staff and Governors have the skills to deal with transgender issues, Greenford High School will hold training sessions on topics such as:

- Safeguarding
- Confidentiality
- Gender Identity
- Tackling transphobia
- Relevant legislation

All topics will be covered during the Greenford High School CPD programme and will be revisited regularly.

The Curriculum

The issues connected to transgender will be visited for all students during curriculum time during the PSHCE programme. These issues will also be touched upon during other subjects. The aim of these lessons is to raise awareness of LGBTQ+ issues.

Physical Education

Sports and Physical Education is a key aspect of the national curriculum and the physical and mental well-being of young people. Physical Education develops students' competence and confidence to take part in a range of physical activities that become a central part of their lives, both in and out of school.

A young transgender person has the same right to Physical Education as other young people. With regard to young transgender people at school or college,

there should be reasonably few, if any, issues regarding participation within the sports of their true gender.

There may be sports where, as puberty develops, M2F transgender participants may have a physical advantage over other girls but this should not present a problem within a carefully and sensitively managed lesson context. The issue of physical risk within certain sports should also be managed properly within the lesson context rather than preventing young transgender people from participating (which would be discriminatory).

It may be that due to the nature of contact and physicality of sports such as rugby, the school would consider whether a transgender person participating in full contact lessons is appropriate towards the latter stages of puberty. This is something that Greenford High School will take a view on prior to the delivery of those lessons, in discussion with parents or guardians and the Head of PE.

When a student begins their transition, the school will decide, in consultation with the student and parents, which gender PE class is most appropriate. This preference may change during an academic year or at some point in their school life; Greenford High School will keep an open dialogue with students and parents to review PE provision.

The use of changing room facilities will also be carefully considered. Facilities for transgender participants will be sensitive to their needs and also recognise the needs and sensitivities of other students. When competing at another school or outside venue, school staff must ensure there is appropriate sensitive provision available.

Changing/Toilet Facilities

There is provision in Greenford High School for students to have access to disabled toilets, which are gender-neutral. Transgender students will be able to use these.

School Uniform

Transgender students will be expected to follow the School Uniform Policy, which covers uniform, make-up and jewellery. There is a generally broad range of uniform available for both genders (i.e. both male and female students can wear trousers and all students must wear a blazer, shirt and tie).

Name Changing and Exam Certification

If a Transgender student wishes to have their preferred name recognised on school systems, this will be supported and will feed on to letters home, report cycles etc. Furthermore, the change of name and associated gender identity will be respected and accommodated by the school. If the student is under 16 then the change of name will have to be supported by parents and the request submitted in writing following a meeting with the relevant pastoral lead.

Changing the gender recorded on a birth certificate is not possible until a Gender Recognition Certificate has been issued. In order to change a name on other official documents such as a passport, it might be necessary for evidence of change of name to be produced: there are two main ways in which this can be done, by deed poll and by statutory declaration. The Citizens Advice Bureau and other Transgender support organisations will have more information on this subject.

A person under 16 years of age cannot change their name legally without the consent of a parent.

Once an examination result is accredited it will need to be linked with a Unique Pupil Number (UPN) or Unique Learner Number (ULN) which existed in the school census information submitted in January of the examination year.

UPNs and ULNs are only linked with legal names, not preferred names. Greenford High School will ensure a strategy is agreed with the student and their parents or guardians, preferably prior to starting GCSE courses as some examinations may be sat in Year 10 and the length of time the process re-registering may take.

The policy emphasizes a **"parent first approach."** Schools are instructed to involve parents in all decisions regarding a child's request to "socially transition" (e.g., change names or pronouns).

Parental consent is required for any step. The only exception is in the rare case where informing parents would pose a "significant risk of harm" to the child.

Vaccinations

Greenford High School will allow any gender specific vaccinations to be carried out at the GP's surgery in order to eliminate any embarrassment.

This policy is written in conjunction with the schools equality policy and it will be made available to all stakeholders at the school

Supporting our Transgender Pupil 'Transition' can mean different things to different people, so it is important to find out what this means to the child or young person you are supporting. Broadly speaking, most aspects of transition can be divided into 'social' or 'medical'. Social transition is choosing to live your life as your preferred gender. This could include:

- A name change
- A change in pronoun (he, she, they, zie etc.)
- Wearing clothes that are associated with their gender identity
- Use of toilets/changing rooms appropriate to their gender identity rather than biological sex

School Visits

Learning about different cultures and lives and taking part in activities may lead to overnight stays, both at home and abroad. Issues may arise for both young transgender students and other students but this will not mean transgender students cannot be included on the visit.

Greenford High School will give consideration well in advance of any additional needs to ensure the transgender student is fully included. The sleeping arrangements will be considered before a visit is undertaken; it is possible that the transgender student would prefer to have a separate room.

Each individual case and visit needs to be considered separately and in depth discussions will happen well in advance, with all appropriate bodies, linked to the accommodation available.

With regards to a visit abroad, different countries will have policies and procedures they will follow. There are countries that are not as legally and culturally open as the UK. In fact, some have laws that make it illegal to be part of the transgender community. Some countries even make it an offence not to report to the authorities that someone is part of the transgender community.

Greenford High School will consider and investigate the laws regarding transgender communities in any country considered for a school visit.

Bullying and Transphobic abuse

Transphobic abuse, harassment and bullying (e.g. name-calling, derogatory jokes, graffiti, unacceptable or unwanted behaviour, and intrusive questions) are serious disciplinary offences and will be dealt with under the appropriate procedure- see anti-bullying policy

Terminology and Language

It is good practice to focus on correct terminology and the use of language in school.

Often Trans people choose a different first name for their new identities and want documentation and records to reflect this, for example, the school roll and register.

It is extremely important, as a matter of fairness, respect and inclusion, to ensure that the correct gender, name and pronouns are used uniformly to address Trans people. Hearing people use 'him' or 'her' incorrectly can be uncomfortable or seriously detrimental for a Trans person to hear, especially when they are trying hard to confirm people's awareness of their true identity.

It can be difficult for the teachers and other students in school or college to get used to the change of name or gender if the pupil has not been known by that identity since the start of their school career. There may well be times when a mistake is made and this can be embarrassing for all parties. If there is difficulty in 'getting it right,' the use of the chosen first name will help to overcome this.

Whole school

To support our pupils we have implemented a robust whole school approach to develop an understanding of trans* issues and prevention of transphobia and homophobic issues. This will minimise the potential of issues or concerns being raised by cisgender members of the school community, including parents and carers, about trans* children and young people accessing toilets, residential facilities etc, according to their gender identity rather than their biological sex.

Raising awareness of the school's approach to transphobia and supporting trans* and gender questioning children and young people can be done through:

- Celebrating LGBT History Month
- Providing information about PSHE lessons on gender stereotyping, gender identity and trans* issues
- Including an equality objective (Public Sector Duty of the Equality Act) which supports the needs of trans* children and young people.

There will be cases where a child or young person's trans* identity is not widely known and the school should seek to protect this information, unless the trans* child or young person wishes it to be known.

Where a child's trans* identity is known to the wider school community, schools will need to ensure that they have a robust language, using the Equality Act and a Human Rights approach, to counteract any prejudice expressed or concerns raised. Additionally, when a parent or carer raises a concern about the feelings of their child when spending time in the company of a trans* identified pupil or staff member, support work should be aimed at answering the question: 'how can we make your child feel better?' rather than compromising the rights of the trans* person.

GLOSSARY OF TERMS

Binding – a F2M adolescent that is developing breasts may strap down their chest so that it is less obvious. This can be hot, uncomfortable and restrictive but very important to their psychological and emotional wellbeing. It might make certain PE lessons difficult for them to participate in and could sometimes lead to breathing difficulties, skeletal problems and fainting.

F2M – Female to Male, a person that was identified as Female at birth but came to feel that their true gender is actually Male.

Gender – the way that a person feels about themselves in relation to their physical and mental self; the basis of their identifying as male, or female, or neither, or either, or both.

Gender Dysphoria – this is when a person experiences discomfort or distress because there is a mismatch between their sex assigned at birth and their gender identity.

Gender Identity Disorder – GID is a medical term describing being transgender, this tends not to be used owing to the subtext around the word 'disorder'.

Gender Recognition Certificate – an official document presented by a Gender Recognition Panel that enables all official documents and records (including birth certificate) to be amended to the true gender of the individual thereby providing full legal recognition. Please note that this cannot be obtained by a child, according to UK law.

Gender Role – the social role/interaction with others, which gives expression to the inner gender identity and reinforces it.

M2F – Male to Female, a person that was identified as Male at birth but came to feel that their true gender is actually Female.

Packing – a F2M person may wear a prosthetic item in their pants that will give a 'bulge' in their trousers so as to appear more male.

Sex – the way a person's body appears, sometimes wrongly, to indicate their gender.

Social Transitioning - the request to take action to change name, uniform, or using different facilities to help a child appear more like the opposite sex, with the expectation that they will be treated as if they are.

Tucking - Tucking is used within the M2F community and it involves tucking back male genitalia so it is not outwardly visible. This can cause discomfort.

Transgender – a person that feels the assigned gender and sex at birth conflicts with their true gender.

Transsexual – this term was used in the past as a more medical term to refer to someone whose gender is not the same as, or does not sit comfortably with, the sex they were assigned at birth. This term is still used by some although many people prefer the term trans or transgender.

True Gender – the gender that a person truly feels they are inside.

LEGISLATION

Data Protection Act 1998 (UK)

Information about a person's Transgender status is considered "sensitive personal data" and is subject to tighter controls than other personal data. Explicit consent is required before it can be processed.

- Personal data must be looked after properly following the eight data protection principles, which include ensuring personal data is accurate, secure and processed fairly and lawfully.
- Failure to change a person's title, name and gender when requested could lead to the following offences under the Act:
 - Disclosure of personal information that is used, held or disclosed unfairly, or without proper security;
 - Failure to ensure personal information is accurate and up-to-date;
 - Processing of data likely to cause distress to the individual.

The Human Rights Act 1998

The following Articles from The Human Rights Act 1998 support the rights and needs of Transgender people to live their lives in their true gender.

- Article 8: right to respect for private life and family life
- Article 10: freedom of expression
- Article 14: the prohibition of discrimination

The Gender Recognition Act 2004

The Gender Recognition Act 2004 is mainly concerned with the process by which a person can get a Gender Recognition Certificate, and correct their original birth certificate to match their true gender. This can only occur after a person

reaches 18 years of age but is something that many younger people may aspire to.

Equality Act 2010 (Great Britain)

The Equality Act 2010 ensures legal protection against discrimination, harassment and victimisation (direct or indirect) for everyone under the nine protected characteristics defined in the Act, one of which is Gender Reassignment (also known as Transgender). Part 6 of the Equality Act 2010 makes it clear that the Act specifically refers to School and young people.

The Equality Act 2010 (2:1:7) states that: A person has the protected characteristic of gender reassignment if the person is proposing to undergo, is undergoing or has undergone a process (or part of a process) for the purpose of reassigning the person's sex by changing physiological or other attributes of sex.

The Act applies to employment, education and a range of other areas where discrimination may take place. In order to be protected under the Act, a student will not necessarily have to be undergoing a medical procedure to change their sex, but they must be taking steps to live in the opposite gender, or be proposing to do so.

Sex Discrimination (Gender Reassignment)

Regulations 1999

- Individuals who intend to undergo, are undergoing or have undergone gender reassignment are protected from discrimination in work, school and vocational training (including higher education study).
- Less favourable treatment relating to absences arising from gender reassignment is unlawful if:
 - the treatment is less favourable than if it had been due to sickness or injury
 - the treatment is less favourable than if it had been due to some other cause and, having regard to the circumstances of the case, it is reasonable not to be treated less favourably.
- Less favourable treatment includes the arrangements relating to terms and conditions or arrangements under which employment, education or vocational training is offered. Discrimination As stated, The Equality Act 2010

ensures legal protection against discrimination in employment, education, the provision of services and the delivery of public functions, in relation to the nine protected characteristics defined in the Act, one of which is Gender Reassignment.

The legislation states that a school must not discriminate against a student because of their Transgender status. Discrimination can be direct or indirect. Indirect discrimination occurs when a provision, criterion or practice applies to everyone but puts a person with a particular protected characteristic at a particular disadvantage, and it cannot be justified as a proportionate means of meeting a legitimate aim. An example might be an inflexible school uniform rule which offers no 'unisex' options such as trousers for girls, and which would therefore create a particular difficulty for a F2M student.